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# Finnish Touches: Recipes & Traditions



## Synopsis

This book updates and adds new essays, photos, information, and recipes to the content of our popular 80-page *Fantastically Finnish*. Now 160 pages, this book presents a concise history and reference to Finland today as well as discovers more Finns in the United States and Canada. Joanne Asala tells about searching for her Finnish heritage, with tips for resources. There are reprints from Inkeri VÃfÃfÃnen-Jensen's *Inkeri's Journey* that speaks to growing up Finnish on Minnesota's Iron Range and Finnish foods. Recipes have been added to the food section, and there are 16 pages of color photographs.

## Book Information

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## Customer Reviews

Bought these for my Grandma for Christmas. She LOVED them!

I purchased this recipe book to find a recipe for Nisu. I purchased it a while back and have been thru Katrina, and cannot remember if I found the recipe or not, but I do think so. The book is far from handy at this time. B ut I found it the recipes to be easy to make and the cultural connections it spoke of very interesting and educational.

I have several of the "touches" books, and have read, used and enjoyed them all. However, this book is the best; far superior, in my opinion, to the others: In organization, photos, history, culture, artistic content and recipes. I highly recommend this book to anyone interested in greater Scandinavia and in its comprehensive connection to the European continent.

Now in a revised and expanded edition, *Finnish Touches: Recipes And Traditions* blends Finnish traditions and lore with mouth-watering recipes. The first half of *Finish Touches* is devoted to engaging anecdotes, thoughts, and introductions to beloved Finnish cultural icons such as the sauna. The second half proves authentic Finnish cuisine ranging from Kaljakeitto (Finnish Beer Cheese Soup); Klimpit (Finnish Dumplings); and Rieska (Finnish Flat Barley Bread); to Sillisalaatti (Herring Salad); Lammasmuhennos (Finnish Simmered Lamb); and Illmapuuro (Finnish Air Pudding). Color and black-and-white photographs enhance this joyous and highly recommended celebration of Finnish cultural and culinary heritage.

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